



Media Release

For immediate release

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Sask Sport Inc. Announces the June Athlete of the Month Award Recipient

Larissa Werbicki of Saskatoon is the recipient of the **Sask Sport Inc. June Athlete of the Month Award**. She was nominated by the Saskatchewan Rowing Association.

Werbicki began the month by winning gold in both the senior women's 63 kilogram single and the senior women single at the Canadian Secondary Schools Rowing Association Championship Regatta in St. Catherines, Ontario. She dominated both events – winning the senior women's 63 kg single by 16.57 seconds, and the senior women's single by 13.47 seconds. Werbicki is one of a handful of rowers in the regatta's 69 year history to win both events.

She followed that performance by winning gold at the Rowing Canada Aviron Under 19 Selection Championships where she won by 8.7 seconds. Based upon her performance, she was invited to attend the tryouts for the Youth Olympics and World Junior Rowing Championships team. Following this trial process, Werbicki and her partner from British Columbia will be the only boat representing Canada in women's events at the World Junior Rowing Championships in Germany and the Youth Olympics in China. Both events will be taking place in August.

The other outstanding nominees for this month were:

- Jessica Furlan, Regina, athletics – won gold in the senior women's 3000m steeplechase at the National Senior Championships in Moncton, New Brunswick;
- Shawna Ryan, Saskatoon, cycling – won two silver medals in the Para Women B division at the Global Relay Canadian Road Championships in Lac-Megantic, Quebec;
- Jean Roney, Regina, lawn bowling – won gold at the Canadian Singles Lawn Bowling Championships in Edmonton, Alberta;
- Becky Richter, Saskatoon, wheelchair athletics – won a silver and bronze at the IPC Grant Prix Championships in Berlin; and four gold at the Canadian Track and Field Championships in Moncton, New Brunswick;
- Jillian Gallays, Saskatoon, wrestling – won gold at the German Grand Prix in Dormagen, Germany and at the Austrian Ladies Open in Gotzis, Austria;
- Ben Lapointe, Saskatoon, canoe polo – placed 8th at National U21 Selection event; and qualified to be part of the U21 National Team for the World Championships.

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For more information, contact Pat Rediger at 780-9307 or email prediger@sasksport.sk.ca

For information regarding the Athlete of the Month Awards program, including previous nominees and recipients, visit www.sasksport.sk.ca/awards.php

For the latest in amateur sport news, visit www.sasksport.sk.ca