



Media Release

For immediate release

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Sask Sport Inc. Announces the August Athlete of the Month Award Recipient

Brian Palaschuk of Regina is the recipient of the **Sask Sport Inc. August Athlete of the Month Award**. He was nominated by Swim Saskatchewan Inc.

Palaschuk had a strong showing at the Canadian Swimming Championships, finishing sixth out of 29 swimmers in the men's 800 metre freestyle, ninth out of 28 swimmers in the men's 400m individual medley and 12th out of 35 swimmers in the men's 200m freestyle. He followed that up by competing in the Junior Pan Pacific Championships as part of Team Canada, winning a bronze medal in the relay event and placing seventh out of 29 swimmers in the men's 200m freestyle.

At the Pan Pacific Championships, Palaschuk won a bronze medal in relay and placed seventh in the men's 200m freestyle. During this final month of the season, he swam faster each time he competed in the men's 200m freestyle.

This month's other outstanding nominee was:

- **Team Pituley (Michael and Jon Pituley), Regina, Lawn bowling** – won gold in men's pairs at the Canadian Championships, a national competition consisting of 10 teams from 10 provinces. At the Under-25 Championships, Michael placed fourth and won a place on the national development team.

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For more information, contact Pat Rediger at 780-9307 or email prediger@sasksport.sk.ca.

For information regarding the Athlete of the Month Awards program, including previous nominees and recipients, visit www.sasksport.sk.ca/awards.php

For the latest in amateur sport news, visit www.sasksport.sk.ca