



Media Release

For immediate release

Dec. 20, 2018

Sask Sport Inc. Announces the November Athlete of the Month Award Recipient

Ron MacLean of Regina is the recipient of the **Sask Sport Inc. November Athlete of the Month Award**. He was nominated by Saskatchewan Athletics.

MacLean placed first among 243 competitors at the Canadian Cross Country Championships in Kingston, Ont. He also helped Team Saskatchewan finish first in the Men's U18 Provincial Team Championship Final.

The other outstanding nominees were:

- **David Samayoa, Regina, Weightlifting** – finished 23rd in the 85 kilogram weight class at the International Weightlifting Federation (IWF) World Championships in Ashgabat, Turkmenistan, acquiring Robi points toward the 2020 Olympic Games. He finished first and broke the senior clean-and-jerk record in the 89 kg class at the Voodoo Weightlifting Open Championships in Saskatoon, qualifying for the Senior National Championships in May 2019.
- **Benjamin Stewart, Regina, Swimming** – finished first in the 800 metre freestyle event and broke a 36-year short course provincial record for 11- to 12-year old males with a time of 9:18.17 at the 42nd Annual Invitational Swim Meet in Saskatoon. He also excelled in the 13-and-under boys division, winning the 200m and freestyle, and finishing third in the 50m freestyle, 200m breaststroke and 400m individual medley.

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For more information, contact Pat Rediger at (306) 780-9307 or email prediger@sasksport.sk.ca

For information regarding the Athlete of the Month Awards program, including previous nominees and recipients, visit www.sasksport.sk.ca/awards.php

For the latest in amateur sport news, visit www.sasksport.sk.ca